

Stockingford Nursery School Newsletter December 2023



Mrs King and Governors would like to wish all of our children, families and staff a Happy Christmas and New Year. We have created lots of special memories together during 2023 and it has been extremely rewarding seeing the children progress with their learning and development.

Term dates

Autumn Term 2023

Term ends: Friday 22nd December 2023

Spring Term 2024

Teacher Training Day Monday 8th January 2024

Returning Children start: Wednesday 10th January 2024

Half term: Monday 12th - Friday 16th February 2024

Term ends: Friday 22nd March 2024

Food Bank Vouchers

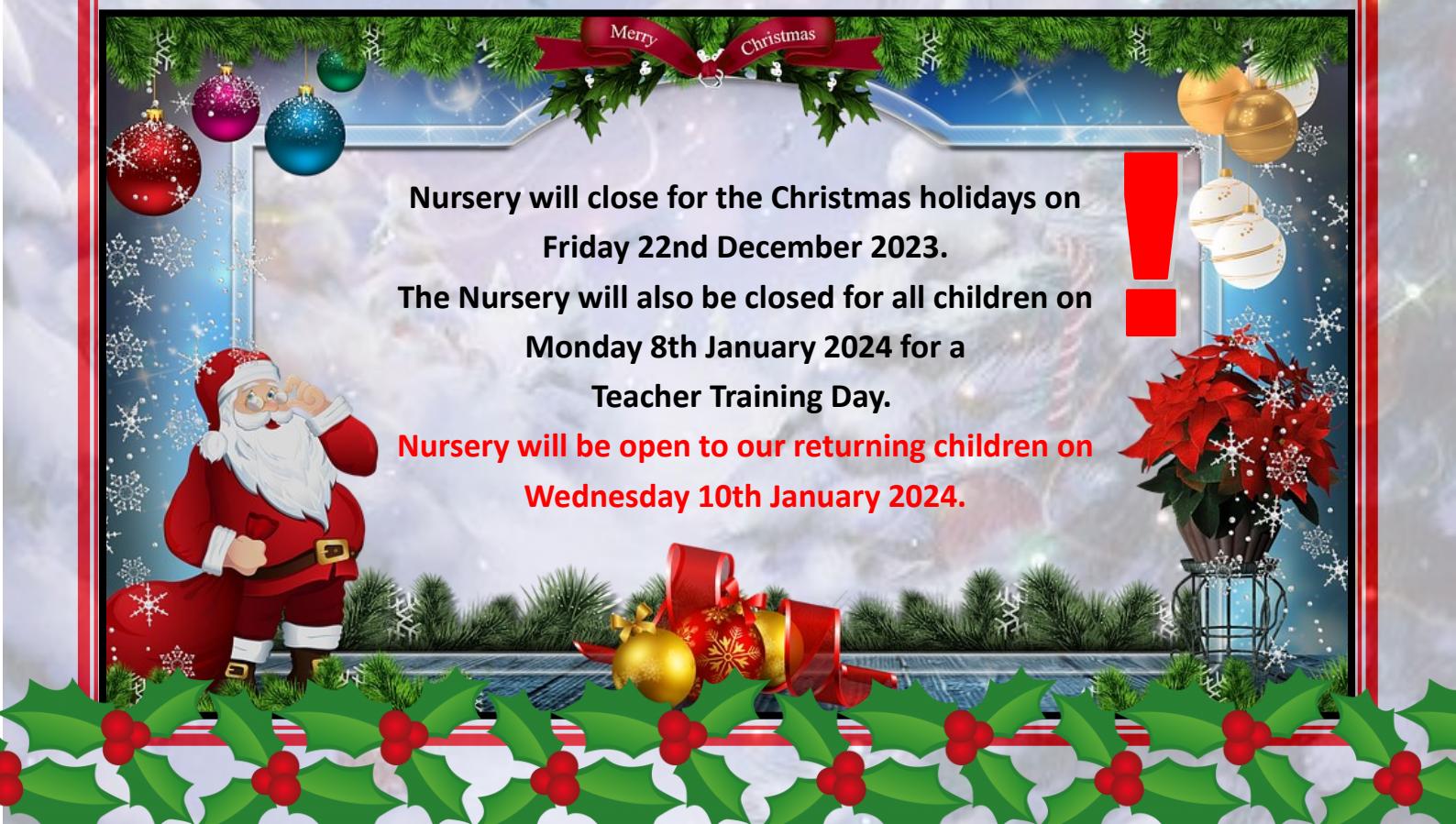
Stockingford Nursery School can issue Food Bank Vouchers for families struggling with the cost of living crisis to use locally. Just pop into Reception for more information.

Nursery will close for the Christmas holidays on
Friday 22nd December 2023.

The Nursery will also be closed for all children on
Monday 8th January 2024 for a

Teacher Training Day.

Nursery will be open to our returning children on
Wednesday 10th January 2024.



Support for families

The FSW (Family Support Worker) and FIS Duty Lines are open Monday to Friday apart from the Bank Holidays and the Corporate Day, which this years falls on the 27th December.

- * **FSW Duty Line:** 01926 412412
- * **FIS Duty Line:** 01926 742274



Parenting Programmes:

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

FSW Drop In Sessions:

<https://www.warwickshire.gov.uk/children-families/service-changes-children-families/2?documentId=287&categoryId=20045>

HAF queries: hafprogramme@warwickshire.gov.uk

CHILDLINE: 0800 1111

RISE Crisis Team can be contacted on: 08081 966798

RISE Navigation Hub: 0300 200 2021

Adult Mental Health Crisis Team can be reached on: 08081 966798

Samaritans: 116 123

NCDV (National Centre for Domestic Violence) 0800 970 2070

REFUGE: 0800 408 1552

If you have an immediate safeguarding concern please contact: Children & Families Front Door: 01926 414144 or the emergency services as appropriate.



- measles outbreaks happen when not enough children have been vaccinated
- measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill
- your child is at risk of measles if he or she hasn't had the MMR vaccination
- 2 doses of MMR vaccine are needed to get the best protection
- if your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible*
- if you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP
- if you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected

*In response to a local outbreak then the 2 doses can be given one month apart from the age of 18 months.

Answers to some common questions about measles and the MMR vaccine

Why are we seeing these outbreaks of measles?

Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Since the end of 2017 there has been an increase in measles globally which has affected the UK. This has resulted in some spread into wider communities, in particular in undervaccinated groups.

When are the MMR vaccinations usually given?

The best times are between 12 and 13 months of age and again at 3 years and 4 months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with 2 doses one month apart.

Will there be any side effects to the vaccination?

Your child may get the symptoms of measles, mumps and rubella for up to 6 weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the 3 diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

Should parents in outbreak areas get vaccinated against measles?

As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles or 2 doses of MMR vaccine you do not need to get vaccinated now.

For more information about measles and MMR go to www.nhs.uk/conditions/measles/



The Big Ambition Survey

Children's Commissioner has launched The Big Ambition survey to understand what children want ahead of the next General Election.

Children and parents can complete the survey here:
www.childrenscommissioner.gov.uk/thebigambition

The survey closes on **Friday 19th January 2024**, don't forget to have your say on your child's education.

If your child is absent from Nursery

Please remember to contact the Nursery on the day your child is going to be absent, you can either:



Myschoolapp Please see above

Telephone 02476 383708

Email parents1041@welearn365.com



(please ensure you put your child's full name and the reason for their absence in the text)

They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

Please could you make sure all your phone numbers are up to date if not please let the office know of any changes.

Medical Tracker

First Aid Incident and Medication Administration Notifications

As you know, we work very hard to keep parents regularly informed about First Aid incidents and medication administration at school. To help make improvements in these areas, we have decided to use a service called Medical Tracker.

We will be launching this from the start of Spring Term, 8th January 2024.

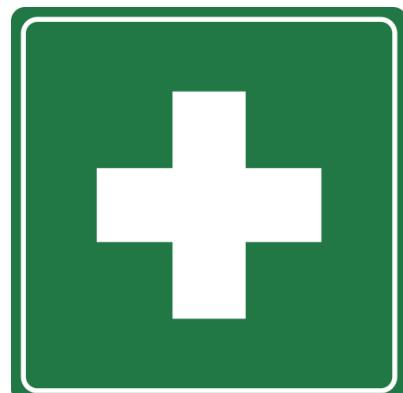
Medical Tracker not only allows us to inform parents/carers of First Aid incidents and medication administration by email, but it also allows us to analyse the data we record.

Medical Tracker will be beneficial to you because:

- 1. We can record and track First Aid incidents that involve your child**
- 2. We can record and track medication administration that involves your child**
- 3. You may be notified as soon as possible after a First Aid incident by email**
- 4. You may be notified as soon as possible after medication has been administered by email**

To use Medical Tracker effectively, we need to collect the best email address to use to notify you of incidents.

Please fill in the slip on the letter sent out this week, **clearly writing your email address** and return it to the school office as soon as possible.



REGULAR ATTENDANCE

Regular attendance in Nursery is important to support your child's learning and sets up a good routine ready for starting school - however if your child is unwell then **please remember to let the Nursery know either by telephone, email or the schoolapp, (make sure your phone numbers are up to date)**. They should be at home until you feel they are well enough to come back to school. In the case of sickness and diarrhoea please make sure your child is symptom free for at least 48 hours before returning to Nursery.

If you are going on holiday please fill in a holiday form at the Reception desk.

CHILDREN'S ATTENDANCE CHAMPIONS

The role of Attendance Champions is to monitor and support families to improve attendance. Regular and punctual attendance is very important and we know from many studies that children who attend well do better in school.

In Big Nursery Tina Shepherd and Katherine King are our Attendance Champions.

In Little Nursery Jo Stubbs (Room Lead) and Katherine King (Acting Head and Lead DSL) are our Attendance Champions

Big Nursery Attendance Champions.



Katherine King



Tina Shepherd

Little Nursery Attendance Champions.



Katherine King



Jo Stubbs

BIG NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 85%, and last term attendance for Big Nursery children was 81%

LITTLE NURSERY - CHILDREN'S ATTENDANCE

Attendance - we aim for 85%, and last term attendance for Little Nursery children was 78%.

Big Nursery Notices

String bags

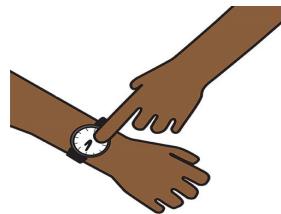
**Please can you ensure that your child brings a full change of clothes including socks (and nappy changing items and wipes if required).
Make sure all coats and clothing is named.**

If children choose to use drawstring bags, they can be hung on your child's coat peg. If they choose to use a small backpack they can be placed at the bottom of the coat trolley beneath their child's coat.

Session Times

Nursery sessions are:

- 👉 **9.00am - 11.30am for the morning session.**
- 👉 **12.40pm - 3.10pm for the afternoon session.**



Please make sure you are on time for the start of sessions as this does have an impact on teaching time and please collect your child on time as children can become a little upset if they are collected later. Thank you.



Family Learning at Stockingford Nursery School

Food Explorers for Big Nursery children and their parents

Weekly, starts Thursday 11 January 2024

9:00am – 10:30am for 5 weeks.

Children normally at nursery can attend with their parent and then go to nursery afterwards

Week one information and enrolment for parents only

Use your senses to explore different foods - fun activities to try new things.

Make healthy, tasty family food.

Recipes are vegetarian and can be adapted for other dietary requirements.

Please book your place at nursery reception. 10 family spaces are available. Activities are for Big Nursery children and parents.

Adults will be required to complete an enrolment form on the day, for funding purposes, with Warwickshire Adult and Community Learning. For more information please contact Cheryl cherulneil@warwickshire.gov.uk.

Little Nursery Notices

Coats and bags

As the weather has been changing, can we ask appropriate clothing is being worn/brought in depending on the weather.



Please can you make sure your child brings their winter coats to Little Nursery and you have put their name in both their coats and bags. This would be really appreciated.

In their bags could you please put nappies, wipes, (pants if toilet trained) and a spare change of clothes. Thank you.

Jewellery

Please could children with pierced ears wear studs in their ears for safety reasons, and no necklaces or bracelets are to be worn in Little Nursery for safety reasons. We advise jewellery be kept at home so it does not get lost or broken.



Pull-Ups

Please could children wear 'pull-ups' only if they are being potty trained, as some of the children are getting upset if they have to be changed.



Session Times

- **AM Session 8.45am - 11.45am**
- **PM Session 12.30pm - 3.30pm**



Please could just one adult bring in your child on time for the start of session and can you make sure you pick your child up on time, Nursery Staff need to clean between sessions and children can become a little upset if they are collected later. Thank you.

Voluntary Donations

Children are welcome to feed a £1 weekly voluntary contribution to Peppa to help raise money for nursery funds for special activities and to buy new resources for the children to enjoy.



Peppa will join us in Nursery at the beginning of sessions and will be located in the corridor just outside the room, so please come and say hello.

Term and Holiday Dates

Academic Year 2023-2024

Autumn Term 2023



Teacher Training Day	Friday 1 st September 2023
Term starts:	Monday 4 th September 2023
Half term:	Monday 30 th - Friday 3 rd November 2023
Teacher Training Day	Monday 6 th November 2023
Term ends:	Friday 22 nd December 2023

Spring Term 2024

Teacher Training Day	Monday 8 th January 2024
Term starts:	Tuesday 9 th January 2024
Half term:	Monday 12 th - Friday 16 th February 2024
Term ends:	Friday 22 nd March 2024

Summer Term 2024

Term starts:	Monday 8th April 2024
May Day:	Monday 6 th May 2024
Teacher Training Day	Tuesday 7 th May 2024
Half term:	Monday 27 th May - Friday 31 st May 2024
Induction Day:	Wednesday 10 th July 2024
Term ends:	Thursday 18 th July 2024
Teacher Training Day	Friday 19 th July 2024

SEN Group

Stockingford Children and Family Centre & Library
St Paul's Road
Nuneaton
CV10 8HW

Every Monday afternoon

This session offers advice and play for under 5's

For more information
and to book your
place please ring
02476 383708



Designated Safeguarding Leads (DSL's)

At Stockingford nursery School, our Designated Safeguarding Leads can also provide support and signpost to services.

Here are the team that can support you:

- Katherine King, , Acting Headteacher - Designated safeguard Lead
- Sally Phillips, Teacher - Deputy Safeguarding Lead
- Tina Shepherd, Senior Early Years Educator - Named Designated Safeguard Lead.
- Jo Stubbs, Senior Early Years Educator - Named Designated Safeguard Lead



Katherine King



Sally Phillips



Tina Shepherd



Jo Stubbs

Under the Education Act 2002, schools must make arrangements to safeguard and promote the welfare of children. The Children Act 1989) requires all school staff to pass on information which gives rise to a concern about a child's welfare, including risk from neglect, physical, emotional or sexual abuse. Staff will seek, in general, to discuss any concerns with the parent/carer and discuss the need to make a referral to Children's Social Care if that is considered necessary. This will only be done where such discussion will not place the child at increased risk of significant harm or cause undue delay. The school will seek advice from Children's Social Care when they have reasonable cause to suspect a child may be suffering or likely to suffer significant harm. The school's Designated Safeguarding Lead carries out their responsibilities in accordance with the law and acts in the best interests of all children.'

Well being corner

Welcome to our wellbeing corner which aims to provide support and ideas for keeping you and your child emotionally and mentally well. Each month this newsletter will offer tips, information and support for you and your child, so read through and have a go- you never know. Sometimes a small change can make a big difference!

We are lucky in our Centre to have Mental Health First Aid staff who can offer a listening ear and if need be, guide you to finding the right support and services. Please ask if you would like any further information about Mental Health and Wellbeing. Never be afraid, worried or scared to ask for support! We are always here to offer a helping hand.



Sally Phillips



Sara Ward

Mental Health First Aiders

The NHS Every Mind Matters website have some useful information for anyone who feels they may need a little support or advice.

Parenting or caring for a child or young person can be tough. It's important to make sure you look after your own mental wellbeing, as this will help you support yourself and those you care about. Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It's completely normal to be worried, scared or helpless during difficult times, and feeling this way is nothing to be ashamed of. Is there a friend, fellow parent or carer you trust enough to tell how you're feeling? Maybe there's family, friends or a colleague who could support you or allow you a break? There's plenty of help out there. You should never feel like you have to cope on your own. Young Minds has lots of support for parents, including a helpline and guidance around parenting with a mental illness. Mind has information and suggestions on how to manage parenting with a mental health problem.

Scope has advice on managing stress when caring for a disabled child.

https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?WT.tsref=search&WT.mc_id=EMMParentsSearch&gclid=EA1aIQobChM1rbLH8sjc6wIVw7HtCh07jQWEAAVASAEgIJTvD_BwE

It's Christmas Time – Parents guide to help keep children safe online

It's Christmas Time!



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Online Grooming



scan the QR code with your phone's camera to see the guides on our website



A Parent's Guide to Live Streaming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

It's always best to be prepared

Many parents may be planning to give electronic gadgets to their children this festive period.

Our guide is designed to help parents take a realistic approach to help keep their children safe when using the internet, social media and playing online games.

Scan the QR code to find out more.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

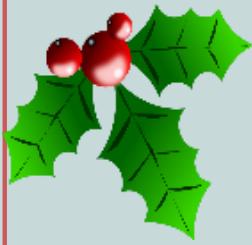
Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with



Skips

www.skipssafetynet.org



Well being corner



Your wellbeing this Christmas

Christmas can be a happy time of year for some but for others it can be difficult both practically and emotionally. It is important to not put on much pressure on yourself so we have included some tips for supporting you and your family.

Tips for coping during Christmas

- Be gentle, generous and patient with yourself
- Plan ahead
- Manage relationships
- Look after yourself
- Talking to other people
- Get support

Instead of going to a Christmas carol concert or service, you could watch one on TV or join in with a virtual choir.

If you'd usually share a meal with certain people, such as friends or co-workers, you could plan to order delivery or cook and eat a meal at the same time.

If you usually take children to a Christmas fair or to visit Father Christmas, you could help them write a letter to Santa instead.

Make Christmas crafts with your child to help decorate your tree or home.

If you are planning to give any gifts, you could exchange your gifts in advance, so you don't have to worry about it on the day.

Christmas wellbeing tips

Tips for a restful Christmas.

1. Honesty

Try to be honest with people if you're finding things overwhelming and you're not feeling up to getting involved in everything. Don't be afraid to cancel plans if you're not feeling up to it. Sometimes you need to put yourself first.

2. Press pause

If you're someone who has a tendency to take on too much, the demands of Christmas can make this even worse. Remember you can only do so much, stop if it's becoming too much and just try to relax and look after yourself.

3. Pyjamas!

In between all the social arrangements, make sure you have a day to hang out at home in your pyjamas. Christmas is the season of hanging out in your pyjamas.

4. Get unstuck

Make sure you're not too house-bound and spend all the time eating and drinking! A brisk walk outside is a nice way to spend time with loved ones, or a day trip somewhere. Things can get quite intense if you're stuck in the house all the time, and a bit of exercise helps too.

5. Don't believe the hype

Don't compare yourself and your Christmas with the representations of perfect Christmas moments on social media or on adverts. Remember that everyone is only sharing the good bits and that we don't know what is going on behind the scenes. Don't get sucked into measuring your experience against something that's ultimately fake.

6. Bed head

Give yourself a head start – try to go to bed early on Christmas Eve so you feel well-rested on the day itself.

7. Talk

If you are feeling overwhelmed or under pressure, talk to someone about it. If you are worried about how you might feel on the day, talk to someone else who will be there too so they can support you when needed during the festivities.

8. Plug yourself in

If you are staying in an overcrowded house with people going to the loo at all hours, make sure you take ear-plugs to maximise your chance of a decent night's sleep.

9. Give yourself a prezzie

Make sure you take some time out after Christmas to do something you really want to do, no matter how small.

Think about what you want to get out of the Christmas break; don't feel like you have to do or be anything because it's expected.

<https://www.mind.org.uk/information-support/your-stories/ten-christmas-wellbeing-tips/>



Makaton signs of the month December

We will be helping children to communicate through Makaton signs and spoken language.



We are proud to say we are a
Makaton accredited School



Mime holding sack
over shoulder

Father Christmas

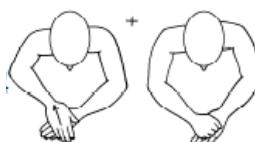


Toys

Whole formation



Christmas Tree



Christmas

Slide right hand over back of
left hand towards body, then
close right hand and place on



Sleigh

Hands move quickly
backwards and forwards
together by wrist



Reindeer

Hands move up and out
to show antler size

British Values - Individual Liberty

Individual liberty or 'freedom for all' links to Self-Confidence and Self-Awareness from the Personal Social and Emotional Development section of the Early Years Foundation Stage curriculum. We develop this value by encouraging children to make choices, to develop independence and to allow them to think for themselves. In Nursery, children are able to independently chose resources to extend their knowledge in the indoor and outdoor environment and at Forest School. Through 'In the moment Planning' we take into account every unique child's starting points, individual interests and then scaffold learning to support them with their next steps for learning. This helps children to develop a positive sense of themselves and to become, confident, independent learners. We support this by providing a range of experiences that allows children to explore feelings and responsibility, encouraging children to voice their own opinions but to listen and value different opinions from others.





What's happening

at Stockingford

Library this Christmas



Warwickshire Schools' Inclusion Charter

Inclusion is Everyone's Responsibility

Our Vision:

For schools to be places where everyone feels valued, included, safe, supported and welcome. We will work together to enable all our children and young people in Warwickshire to lead a fulfilling life and be part of their community.

The Charter:

This charter sets out what all children and young people and their families should expect from schools in Warwickshire, in line with the SEND Code of Practice.

Welcome and Care

We will:

- Understand that every child is an individual
- Recognise the value of inclusion
- Make time to get to know you and what is important to you and your family
- Establish and build on positive relationships
- Make time to respond to your needs
- Work closely with all relevant people to ensure successful transitions
- Ensure children and young people's voices are at the heart of all we do



Communicate

We will:

- Listen calmly and respectfully, with patience, ensuring you feel heard and understood.
- Establish how to provide and seek information in a way you can access and understand
- Recognise all behaviour is a form of communication
- Explain what can be done and any limitations
- Communicate in a way that means you can participate in planning and decision making
- Provide clear guidance on who to contact and respond promptly
- Make you comfortable by using positive and helpful language
- Create and maintain communication friendly environments



Developing and nurturing each of these commitments to build

TRUST



Value and Include

We will:

- Remember Inclusion is everyone's responsibility
- Be proactive in providing reasonable adjustments
- Ensure our SENCo is able to support families and staff
- Inform and support you of any planned changes as soon as possible
- Ensure that children and young people with SEND are valued and included in pupil voice activities
- Identify needs early and assess, plan, do, review with support from appropriate agencies
- Ensure our children and young people have a trusted person who checks in with them at least weekly
- Have a 'can do' attitude and build on everyone's strengths
- Recognise and meet the training needs of our staff



Work in Partnership

We will:

- Give you opportunities to share your views
- Do our best to understand and consider your ideas
- Involve you in developing shared plans for you and our school
- Value you as an equal partner and recognise your experience and knowledge
- Understand that every family is different and has different resources
- Engage with community groups
- Collaborate across settings to share good practice
- Work together with you and other people to recognise need and support you on your journey as a family



Signatures:


Leader of Warwickshire
County Council


Chair of Warwickshire
Parent Carer Voice


On behalf of Schools
Consortia and Area Networks


On behalf of FIMPACT
(Young People's Forum for SEND)



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Scan for SEND Local Offer


Stockingford Nursery School Children & Family Centre and Library St Pauls Road, Nuneaton CV10 8HW



TRUE COST OF LIVING

The cost of living crisis is having an impact on all of us. But as food and energy prices soar, people already struggling to afford the essentials are being pushed into impossible decisions.

[Take action](#)

PAY
THE BILLS

EAT
DINNER

WHAT CAN WAIT?



Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

Stockingford Nursery School can issue a food bank voucher to use locally.
Please pop into reception anytime for further information.

Drop in for support and advice
for all families in Warwickshire.

Monday - 12:00pm - 2:00pm
Stockingford Children and Family Centre



Family Support Worker
Duty Line Telephone
Number

For families, children
and young people 0-19
years old, or 0-25
years with additional
needs

01926 412412
9am -4pm
Monday -Friday

The Early Help and
Targeted Support Team



CHILDREN
& FAMILY
CENTRE





Nuneaton & Bedworth

Grub and Hubs



Are you in need of a warm space, and some free/cheap food over the winter period?

We have brought some information together into one website which shows where you can find cheap/free food and warm spaces this winter.



Scan this QR code to head to the website!

Do you run a warm space or free/cheap food opportunity? Or do you know of one that we haven't yet got on our site? Drop us an email to nuneatongrubandhubs@gmail.com

An initiative developed by:



and local volunteers

Advice & Support



CHAT Health - A texting advice service for parents and carers of the pre-school child.

If you have any questions about your pre-school child, or your own health and well-being you can use our texting service 07520 615293 anytime. A health visitor will aim to text you back within 2 hours in normal working hours (Monday to Friday 9am to 5pm, excluding Bank Holidays).

Please note we support messaging from UK numbers only, which will be charged at your normal rate.

The Early Help and Targeted Support Team

Family Support Drop In for advice for all families in Warwickshire

For families, children and young people 0-19 years old, or 0-25 years with additional needs

Duty Line 01926 412412 - 9am – 4pm Monday – Friday



Drop In Sessions
Free and every week

Monday 12.00-2.00pm	Stockingford Children and Family Centre St Pauls Road, Nuneaton CV10 8HW
Tuesday 10.00am-12.00pm	St Michaels Children and Family Centre Hazel Grove, Bedworth CV12 9DA
Thursday 1.15-3.15pm	Camp Hill Children and Family Centre Hollystitches Road, Nuneaton CV10 9QA
Friday 12.00-2.00pm	Riversley Park Children and Family Centre Coton Road, Nuneaton CV11 5TY

Please note that times and dates may change during school holidays.

Family Information Service (FIS)

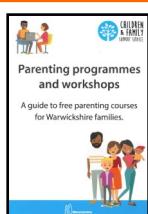
We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

- family relationships
- finance
- housing
- parenting support
- special educational needs and disabilities (SEND)
- childcare health and wellbeing



Phone: 01926 742274

Website: <https://www.warwickshire.gov.uk/children-families>



Parenting Information

Parenting Programmes and 2 Hour Workshops

Please visit the link below:

<http://childrenandfamilies.eventbrite.com>

